

Sept 28 – Oct 2

ORDER ONLINE

DAILY SPECIALS

MONDAY

NY Steak & Eggs

Black Bean v

Tomato Bisque VG

Lemon Scented Tuna Steak

Lemon Scented Tofu

Rice Pilaf VG

Garlic Chili Yellow Beans

TUESDAY

Smoked Salmon Toast

Chicken Tortilla

Carrot Coconut VG

Blackened Chicken Thigh

Blackened Portobello

Garlic Mash Potato VG

Garlic Broccolini

WEDNESDAY

BREAKFAST

Classic French Toast

SOUP

New England Chowder

Miso v

ENTRÉE

CARVING STATION

Moroccan Spiced Lamb

Chickpea Salad – Moroccan Rice

Rosemary Focaccia

Classic Tabbouleh

THURSDAY

Ham, Egg Sandwich

Loaded Baked Potato

Vegan Albondigas VG

Kofta Kebab

Falafel

Saffron Rice v

Vegetable Samosa

FRIDAY

Breakfast Croissant

Lemon Chicken Orzo

Broccoli Cheddar VG

Barramundi

Tofu a la Norma

Garlic Chive Orzo v

Grilled Zucchini v

Weekly Specials

Weight & Pay

Breakfast

Scrambled Eggs

Ham, Cheddar Scramble, Parm &

Herb Roast Red Skin Potato

Spiced Carrots VG

Lunch

Beef & Papa Picadillo

Tofu Picadillo, Steamed Rice

v Mixed Vegetable Roast v

GRILL Special

Carne Asada / Chicken Fries

GRILL

Avocado Toast VG

PIZZA

Buffalo Chicken Pizza

BUILD YOUR OWN SANDWICH

Chef's Selection of Meats & Cheeses

Local Artisan Breads & Produce

Special: Pastrami on Rye

COMPOSED SALAD

Antipasto Salad

VG – Vegetarian | V – Vegan
If you have a food allergy, please let us know.

Please be aware that we handle and prepare egg, milk, wheat, shellfish, fish, soy, peanuts, tree nuts and sesame products, and any other potential allergens in the food production areas of our facility. This facility handles and serves all allergens, and ingredient cross contamination may occur.